



For Immediate Release
Toronto, January 15, 2025

Contact: Irene Trajkovska
Email: itrajkovska@rootsofempathy.org

Roots of Empathy Achieves Global Recognition in HundrED's Spotlight on Wellbeing in Schools

Our 'Tiny Teachers' Help Children with their Wellbeing

Roots of Empathy (ROE) is proud to be named one of 15 leading education innovations in **HundrED's Spotlight on Wellbeing in Schools**, a timely recognition amid the global decline in youth wellbeing. This prestigious honour highlights ROE's evidence-based approach to fostering children's wellbeing—an essential foundation not only for learning but also for adult life satisfaction.

“Schools with the Roots of Empathy program cultivate the most vital literacy - emotional literacy. The program reduces bullying and aggression, helps children build friendships with themselves and others, and supports teachers' connections to their students, enhancing the wellbeing of both,” said Mary Gordon, Founder and CEO of Roots of Empathy. “When children feel understood, safe, and supported in schools, they gain the foundation to thrive emotionally, socially, and academically. You can't learn if you're feeling sad, scared, and lonely.”

Roots of Empathy stood out during HundrED's rigorous evaluation by 97 global education experts, for its impact and scalability. HundrED's Spotlight, developed in partnership with **International Baccalaureate, Oxford University, Research Schools International, Harvard University**, and the **Jacobs Foundation**, underscores the critical role schools can play in addressing the declining wellbeing of young people globally.

Roots of Empathy uses experiential learning in a novel way centred on classroom visits by a neighborhood baby and their parent, where the baby is the “Tiny Teacher”. The gold-standard curriculum nurtures emotional literacy, empathy, and resilience. Independent research confirms the program reduces bullying and aggression while improving empathy and pro-social skills, creating a foundation for positive relationships which are connected to improved wellbeing and mental health.

With this global recognition, Roots of Empathy reaffirms its commitment to putting relationships at the heart of education. To learn more about the ROE program, please book an interview with the Founder and President of Roots of Empathy, Mary Gordon by contacting Executive Assistant Irena Trajkovska at itrajkovska@rootsofempathy.org.

Roots of Empathy is a registered charity and non-profit organization with award-winning classroom programs for children and is a leader in the global empathy movement. Its mission is to build caring, peaceful and civil societies through the development of empathy in children and adults. Founded in 1996, its programs have reached 1.2 million children in 3 continents. For more information, please visit <https://rootsofempathy.org>.

HundrED is a mission-driven organisation helping every child flourish through education innovation. The organization is dedicated to improving the access and quality of education through impactful and scalable innovations by curating innovations through a robust research process. Hosting a database of over 700 reviewed innovations, the work is shared in over 100 countries. Website: <https://hundred.org/en>