

# **Sneak Preview**

## **2021-2022 Roots of Global Evaluation Report**

### **Proven help during the Pandemic – Feedback on Roots of Empathy**

82% of the Roots of Empathy programs were delivered virtually during the 2021-2022 school year, through the Recovery Program, and 18% were delivered in the classroom with our traditional format. Unfortunately, due to the nature of the Pandemic, about half of classrooms that we normally reach with the Roots of Empathy program - missed out. Many classes were closed to visitors. But those students we did reach, responded resoundingly well to the Roots of Empathy programs according to our 2022 Global Annual Program Evaluation:

#### **Goal: Fostering the development of emotional literacy and empathy**

- 78% of students reported that because of their Roots of Empathy classes, they are able to recognize how the baby is feeling
- 85% of students reported that Roots of Empathy has helped them to learn that everybody has feelings

#### **Goal: Promoting Children's prosocial behaviours and reducing levels of bullying and aggression**

- 88% of students reported that if they saw a student or friend being bullied or treated meanly, they would help them
- 87% of students reported that they would try to help someone who feels sad, scared, or lonely

#### **Goal: Preparing students for responsive parenting**

- 91% of students reported that babies do better when they are loved and cared for

#### **Goal: Preparing students for responsible citizenship**

- 88% of students reported that they think it's wrong that some people get excluded because they are different
- 79% of students reported that they think they treat everyone the same, even if they are different from them

**In summary, these results are important because....**

Children recognized that feelings are universal and demonstrated emotional literacy and empathy. They also showed greater awareness of the negative impacts of exclusion and the unfairness of being excluded just because someone is different from them.

**Teachers** also felt that their students were greatly impacted by the Roots of Empathy program, highlighting the positive mental health impacts provided by being able to express oneself and understand that all feelings are okay.

**Goal: Promoting students' mental health, wellbeing, and resilience**

- 97% of teachers agreed or strongly agreed that as a result of Roots of Empathy, students have an opportunity to talk about their feelings
- 88% of teachers agreed or strongly agreed that as a result of Roots of Empathy, students have increased their vocabulary of feeling words

**Goal: Fostering the development of emotional literacy and empathy**

- 79% of teachers agreed or strongly agreed that as a result of Roots of Empathy, students are more empathic to one another

**Goal: Promoting Children's prosocial behaviours and reducing levels of bullying and aggression**

- 95% of teachers agreed or strongly agreed that as a result of Roots of Empathy, students understand that all feelings are okay
- 76% of teachers agreed or strongly agreed that as a result of Roots of Empathy, students show more prosocial behaviours (e.g., sharing, helping, cooperating, kindness, inclusion)

**Goal: Preparing students for responsible citizenship**

- 77% of teachers agreed or strongly agreed that as a result of Roots of Empathy, students are more inclusive or accepting of others who are different from themselves

**Full 2021-2022 Global Annual Report Coming soon.**

In the meantime:

Learn more about how [educators](#), [academics](#), [experts](#) and [volunteer instructors](#) and [families](#) feel about Roots of Empathy.